



# P.E Unit Year Map 2022-2023

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<b>EYFS</b>	Introduction to P.E / Fundamentals	Fundamentals of P.E Balancing, running, hopping and jumping (individual)	Gymnastic – Simple movement patterns.	Dance - Simple expressive movement.	Ball Skills – Fundamental skills	Games – Team work,
<b>Year 1</b>	Team building	Fundamentals of P.E	Gymnastics	Dance	Ball skills	Athletics
<b>Year 2</b>	Team building	Fundamentals of P.E	Gymnastics	Dance	Ball skills	Athletics
<b>Year 3</b>	Fundamentals Team games	Ball Skills Y3/4 Fitness	Gymnastics Fitness	Team games Basketball	Tennis Athletics	Cricket Athletics
<b>Year 4</b>	Fundamentals Team games	Tag Rugby Swimming Ball skills Y3/4	Swimming Bench ball Dance	Swimming Basketball Fitness	Cricket Athletics	Tennis Athletics
<b>Year 5</b>	Team games Fitness Swimming	Team games Handball	Dodgeball Gymnastics	Badminton Volleyball	Tennis Rounders	Cricket Athletics
<b>Year 6</b>	Team games Netball	Team games Tag rugby Fitness	Dance Badminton	Volleyball Basketball	Cricket Athletics	Tennis Rounders Orienteering