

PSHE Unit Year Map 2022-2023



	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 3	Zones of Regulation	Personal Development Relationships	Celebrating difference Personal Development Living in the wider world	Dreams and Goals	Healthy me Personal Development Health and well-being	Changing me
Year 4	Zones of Regulation	Personal Development Relationships	Celebrating difference Personal Development Living in the wider world	Dreams and Goals	Healthy me Personal Development Health and well-being	Changing me
Year 5	Zones of Regulation	Personal Development Relationships	Celebrating difference Personal Development Living in the wider world	Dreams and Goals	Healthy me Personal Development Health and well-being	Changing me
Year 6	Zones of Regulation	Personal Development Relationships	Celebrating difference Personal Development Living in the wider world	Celebrating difference	Changing me Personal Development Health and well-being	Be awesome – go big

