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|  |  | STAFF |
|  | **Training**SLT – Mental Health Leader in schoolAll staff MINDED unlimited access mental health awareness training every year **Team Building & Communication**All staff events – Summer BBQ ……..Refurbished staff area with complimentary refreshmentsWeekly all staff briefings**Support**Regular staff survey to inform planning24/7 mental health app inc counselling support |
| Wellbeing at KPJAOur school ethos commits to develop and support the mental wellbeing of all of our children and staff.CONTACT**Wellbeing Mentor**Mrs Parkes**Behaviour & Inclusion Assistant**???  |  | students |
|  | **Universal**Whole school events – Mental Health Awareness WeekWellbeing Ambassadors - Self-Regulation stations - Calm down areas outside of class - Wellbeing garden - Zones of Regulation taught across the school - Worry boxes in every class - Wellbeing resources - Wellbeing tracker - FSW for all families - mindfulness and co-regulation - Access to Wellbeing Team throughout the day**Targeted**Welcome Booklet and support for new studentsSmall group interventions - social skills - arts & crafts - gardening - emotional literacy1:1 programmes - bereavement support - drawing & talking **Specialist**Referrals to outside agencies when required for additional support for children |
|  | network support |
|  | **School links**KPJA is part of the Northamptonshire Healthy School Programme. This provides us with regular training, access to resources, a bank of further information and advice plus regular network meetings and opportunities to learn from shared practice. |